

## ALPHA PHARM ALPHA CYDIN

### SCHEDULING STATUS

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### PROPRIETARY NAME (AND DOSAGE FORM)

ALPHA PHARM ALPHA CYDIN, capsules.

### COMPOSITION

Each capsule contains:		* % NRV's
Grape seed Extract 95% (Vitis vinifera, seed)	70 mg	**
Ascorbic acid (Vitamin C)	50 mg	50
Bioflavonoids	30 mg	**
Vitamin E	15 mg	100

\*NRV (Nutrient Reference Value)

\*\*NRV not established

### PHARMACOLOGICAL CLASSIFICATION

Category D

Discipline: Combination Product

A.32.2 Other

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

### INDICATIONS

This product is a combination of anti-oxidants. Anti-oxidants protect the body against free-radical production and assist in supporting the immune system.

### CONTRAINDICATIONS

Contraindicated in patients with an allergic hypersensitivity to any of these ingredients.

### WARNINGS AND SPECIAL PRECAUTIONS

Unless otherwise prescribed, do not exceed the stated dose. If you have a bleeding disorder or high blood pressure, talk to your doctor or pharmacist before you start using grape seed extract.

### INTERACTIONS

If you take any medicines regularly, talk to your doctor or pharmacist before you start using grape seed extract. It could interact with medicine like blood thinning medication, NSAID painkillers and certain heart medication.

### PREGNANCY AND LACTATION

Do not use during pregnancy and lactation. Safety in pregnancy and lactation has not been established.

### DOSAGE AND DIRECTIONS FOR USE

Children (above 20kg): Take 1 capsule every second day. (Contents can be dissolved in water or yoghurt).

Adults: Take 1 to 2 capsules daily with or after breakfast.

Do not exceed the recommended daily dose.

### SIDE EFFECTS AND SPECIAL PRECAUTIONS

Allergic reactions have been reported with vitamin and herbal use and include rash and pruritus. Do not take if allergic to any of the ingredients.

### KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment is supportive and symptomatic.

### IDENTIFICATIONS

White capsules.

### PRESENTATION

60 Capsules in a white container.

### STORAGE INSTRUCTIONS

Keep in a dry, cool place at or below 25 °C.

KEEP OUT OF REACH OF CHILDREN.

### MANUFACTURED FOR

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Manufactured in South Africa

### DATE OF PUBLICATION OF THIS PACKAGE INSERT

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