



Alpha Pharm - Alpha Digestive - Insert
Version: 005/13-06-2019

Colours:



Dimensions Insert: (H x Wmm)
282 x 188 mm

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ALPHA PHARM ALPHA DIGESTIVE

SCHEDULING STATUS

S0

PROPRIETARY NAME (AND DOSAGE FORM)

ALPHA PHARM ALPHA DIGESTIVE, capsules.

COMPOSITION

Each capsule contains	* % NRV
Aloe ferox (Aloe barbadensis-sis)	75 mg **
Betaine HCl	20 mg **
Bromelain	15 mg **
Buckthorn bark (Rhamnus frangula)	50 mg **
Cascara Sagrada (Rhamnus purshiana)	15 mg **
Catnip (Nepeta cataria)	15 mg **
Fennel seeds (Foeniculum vulgare)	15 mg **
Ginger root (Zingiber officinale)	20 mg **
Liquorice root (Glycyrrhiza glabra)	170 mg **
Papaya proteinase I (Papain)	40 mg **
Slippery elm (Ulmus rubra)	50 mg I **
Inactive ingredients: Aerosil, Dicalcium phosphate, Magnesium stearate, Gelatine.	

PHARMACOLOGICAL CLASSIFICATION

Category D

Discipline: 32.2 Other: Western Herbal
This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

PHARMACOLOGICAL ACTION AND INDICATIONS

ALPHA PHARM ALPHA COLON increases gastric motility and prevents absorption of toxins. It increases the secretion of water and electrolytes into the gut and inhibits their absorption in the colon. This activates the peristalsis of the large intestine resulting in accelerated colon transit. ALPHA PHARM ALPHA COLON contains herbal supplements that assist and support the colon and digestive system and assist with the relief of symptoms associated with irritable bowel syndrome.

CONTRAINDICATIONS

Do not use in any of the following conditions: Intestinal obstruction, undiagnosed abdominal symptoms, symptoms of appendicitis, undiagnosed rectal bleeding, congestive heart failure, abdominal pain, nausea and vomiting. Do not use if allergic to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS

Contraindicated during pregnancy and lactation. Do not use with prediagnosed abdominal pain, jaundice, chronic constipation, chronic diarrhea, nausea or vomiting. Do not use with prediagnosed high blood pressure, kidney, liver or gallbladder complaints. Not to be taken by children. Excessive consumption may cause a laxative effect. Unless otherwise prescribed, do not exceed the recommended dose. Not for long-term use.
Effects on ability to drive vehicles and use machines: Not known.

INTERACTIONS

Reduced absorption of other medication is possible if taken with this product. The laxative effect may cause potassium loss. It has antiplatelet activity so may interfere with warfarin. It should be discontinued 2 weeks before elective surgical procedures.

PREGNANCY AND LACTATION

Do not use during pregnancy and lactation.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take 1 capsule in the morning and 1 capsule in the evening. Dosage may be increased to 2 capsules in the morning and evening. Unless otherwise prescribed, do not exceed the stated dose.

SIDE EFFECTS AND SPECIAL PRECAUTIONS

May cause mild abdominal discomfort. Prolonged use or overdosage may result in diarrhea.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

The major symptoms of overdose are griping and severe diarrhea with consequent losses of fluid and electrolytes. Treatment should be supportive with generous amounts of fluid and electrolytes.

IDENTIFICATIONS

Brown capsules.

PRESENTATION

60 Capsules in a container and carton.

STORAGE INSTRUCTIONS

Store in a cool, dry place below 25°C.
KEEP OUT OF REACH OF CHILDREN.

MANUFACTURED FOR

Alpha Pharm (Pty) Ltd
Corporate Park 66
Cnr. Von Willrich and Lenchen Avenues
Centurion
Tel: +27 12 643 5840
Manufactured in South Africa

DATE OF PUBLICATION OF THIS PACKAGE INSERT

December 2018.

CATEGORY D

Discipline: Western Herbal
A.32.2 Other.
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0018/2019/TR

ALPHA PHARM ALPHA DIGESTIVE

SKEDULERINGS STATUS

S0

EIENDOMSNAAM EN DOSEERVORM

ALPHA PHARM ALPHA DIGESTIVE, kapsules.

SAMESTELLING

Each capsule bevat	* % NRV
Aalwyn (Aloe barbadensis)	75 mg **
Beet (Beta vulgaris)	20 mg **
Betaine HCl	15 mg **
Bromelain	50 mg **
Buckthorn bark (Rhamnus frangula)	15 mg **
Cascara Sagrada (Rhamnus purshiana)	150 mg **
Catnip (Nepeta cataria)	15 mg **
Fennel seeds (Foeniculum vulgare)	15 mg **
Ginger root (Zingiber officinale)	20 mg **
Liquorice root (Glycyrrhiza glabra)	170 mg **
Papaya proteinase I (Papain)	40 mg **
Slippery elm (Ulmus rubra)	50 mg I **
Inaktiewe bestanddele: Aerosil, Dicalcium phosphate, Magnesium stearate, Gelatine.	

PHARMAKOLISIE KLASIFIKASIE

Kategorie D

Discipline: 32.2 Ander: Westerse Kruike

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir gehalte, veiligheid of beoogde gebruik nie.

Hierdie medisyne is nie bedoel om enige siekte te diagnostiseer, behandel, geneses of te voorkom nie.

FARMAKOLISIE WERKING EN INDIKASIE

ALPHA PHARM ALPHA COLON verhoog maagbeweeglikheid en verminder die absorpsié van gifstowwe. Dit verhoog die afskeiding van water en elektrolie in die darmkanaal en inhieber hulle opname in die dikderm. Dit aktiveer die peristalsie van die grootderm wat tot versnelde kolonduurting lei.

ALPHA PHARM ALPHA COLON bevat kruie-anvullings wat die kolon en spysversterkingstelsel help en ondersteun. Dit helpt met die verligting van symptome wat verband hou met prikkelbare darm-sindroom.

KONTRAKINDASIE

Moenie in enige van die volgende toestande gebruik nie: Intestinale obstruksie, ongediagnoseerde abdominale symptome, symptome van blindaderontsteking, ongediagnoseerde rectale bloeding, kongestieve hartversaking, abdominale pyn, naaheid en brakking. Moenie gebruik as jy allergies is vir enige van die bestanddele nie.

WAARSKUITING EN SPESIALE VOORSORGMAATREËLS

Teeuwendigtyd tydens swangerskap en laktasie. Geenkele gebruik in ty van voorafgediagnoseerde abdominale pyn, geduurende chroniese hardlywheid, chroniese diarree, naaheid of brakking, hoë bloeddruk, nier-, lewer- of galblaasklages. Nie vir kinders nie. Oormatige gebruik kan 'n lakserende effek hê. Tensy anders voorgeskryf, moet jy nie die aanbevolde dosis oorskryf nie. Nie vir langtermyn gebruik.

Efek op die vervoer van motor te bestuur en masjinerie te gebruik: Nie bekend.

INTERAKASIES

Moonlike verlaagde opname van ander medikasie. Die laksereerde effek kan kalium verlies veroorsaak. Dit het 'n antiplatieliet-werking en kan dus inrigting met werklike se werking. Dit moet 2 weke voor elektive chirurgiese procedures gestaak word.

SWANGERSKAP EN LAKTASIE

Moenie nie tydens swangerskap en laktasie gebruik nie.

DOSIS EN GEBRUIKSAAWYSINGS

Volwassenes: Neem 1 kapsule in dieoggend en 1 kapsule in dieaand. Dosis kan verhoog word tot 2 kapsules in dieoggend en aand. Tensy anders voorgeskryf, moet jy nie die aanbevolde dosis oorskryf nie.

NEWE EFFEKTE EN SPESIALE VOORSORGMAATREËLS

Mag ligte abdominale ongemaak veroorsaak. Langdurige gebruik of oordosering kan lei tot diarree.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN

Die belangrikste simptome van oordosering is demkramp en ergie diarree met gevoldige verlies aan vloeistof en elektrolie. Behandeling moet ondersteunend wees met die gelyktydighe inname van groot hoeveelhede vloeistowwe en elektrolie.

IDENTIFIKASIE

Bruin kapsules.

AANBIEDING

60 kapsules in 'n houer in 'n kartondosie.

BERGINGSAAWYSINGS

Hou in 'n koel, droog plek onder 25°C.
HOU BUITÉ BEREIK VAN KINDERS.

VERVAARDIG VIR

Alpha Pharm (Pty) Ltd
Corporate Park 66
Cnr. Von Willrich and Lenchen Avenues
Centurion
Tel: +27 12 643 5840
Manufactured in South Africa

DATUM VAN PUBLIKASIE VAN HIERDIE VOUBLIJET

Desember 2018.



PATIENT INFORMATION LEAFLET

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GENERAL INFORMATION

If you have any questions about this product, please talk with your doctor, pharmacist, or other healthcare provider. It is to be used only by the patient for whom it is prescribed. Do not share it with other people.

If your symptoms do not improve or if they become worse, check with your doctor. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about the product. It does NOT include all the information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this product. This information is not specific medical advice and does not replace information you receive from your healthcare professional. You must talk with your healthcare professional for complete information about the risks and benefits of using the product.

INSTRUCTIONS BEFORE TAKING THE MEDICINE

Always tell your healthcare professional if you are taking any other medication. If you are pregnant or breast feeding your baby please consult your doctor, pharmacist or other healthcare professional for advice before taking this medicine.

Some medical conditions may interact with the product. Tell your doctor or pharmacist if you have any medical conditions, especially if any of the following apply to you:

- if you are pregnant, planning to become pregnant, or are breastfeeding
- if you are taking any prescription or nonprescription medicine, herbal preparation, or dietary supplement