biodelta NUTRACEUTICALS	**Alpha Pharm - Alpha KiddyVite Immune Gummies - Insert** **Version: 002/21-08-2023**		
	Colours: Black	**Dimensions Insert: (H x Wmm)** **250 x 95 mm**	

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Item	Date	Person Resp.
Spelling:		
Grammar:		
Legislation & Claims:		
Packaging Size:		

Immune Gummies

Alpha KiddyVite

SCHEDULING STATUS
S0

PROPRIETARY NAME (AND DOSAGE FORM)
Alpha Pharm Immune Gummies, Bears.

COMPOSITION

Each gummy contains:		* % NRV's
Ascorbic Acid	10 mg	10
Sambucus nigra (Elderberry Extract 10:1) Providing dried herb equivalent to 50 mg	5 mg	**
Vitamin E	5 mg	33
Vitamin A	2.5 mg	47
Zinc (as citrate)	1.5 mg	15
Vitamin D	1 mg	17

*NRV (Nutrient Reference Values) for individuals 4 years and older (2010)
** NRV = not established

Ingredients: Glucose, Sugar, Water, Pectin; Citric Acid (E330) Natural Flavourant, Natural Colourant.

PHARMACOLOGICAL CLASSIFICATION
Complementary Medicine
Category D
Discipline: Combination Product
D.33.7
This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

PHARMACOLOGICAL ACTION AND INDICATIONS
Immune formulation that supports and maintains the immune function and it also plays a factor in the maintenance of good health.

CONTRAINDICATIONS
Contraindicated in patients with an allergic hypersensitivity to any of these ingredients.

WARNINGS AND SPECIAL PRECAUTIONS
KEEP OUT OF REACH OF CHILDREN.
In case of accidental overdosage, consult a medical practitioner or seek medical advice immediately. The safe dosage may accidentally be exceeded if this product is combined with other medicines or health products also containing Vitamin C.

INTERACTIONS
None known at recommended daily dosage.

PREGNANCY AND LACTATION
Not applicable since product is intended for children.
Safety in pregnancy has not been established.

DOSAGE AND DIRECTIONS FOR USE
Children 4 years and older: Chew 1 - 2 gummies daily after a meal or as directed by a Healthcare Professional. Maximum 4 gummies per day.
Do not exceed the recommended daily dosage.

SIDE EFFECTS AND SPECIAL PRECAUTIONS
Components within these ingredients may be associated with gastro-intestinal effects like heartburn, anorexia, abdominal pain and cramps, diarrhea, vomiting, nausea and constipation. Allergic reactions have been reported with vitamin use in general, which includes rash and pruritus.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT
Treatment is supportive and symptomatic. In case of overdosage, consult a medical practitioner or seek medical advice immediately.

IDENTIFICATIONS
Strawberry / Raspberry flavoured, purple/pink gummy in the shape of a bear.

PRESENTATION
Contains 30 or 60 gummy bears in a container and carton.

STORAGE INSTRUCTIONS
Keep in a dry, cool place below 25 °C. Protect from light.
KEEP OUT OF REACH OF CHILDREN.

DISTRIBUTED BY
Alpha Pharm (Pty) Ltd, 115 Fascia Street, Silvertondale, Pretoria
Tel: +27 12 643 5840
www.alphapharmacies.co.za
@AlphaPharmOfficial
@AlphaPharmPharmacies

Alpha Pharm Care • Service • Value | Alpha Vita Essentials

Manufactured in South Africa

DATE OF PUBLICATION OF THIS PACKAGE INSERT
August 2023.

Immune Gummies

Alpha KiddyVite

SKEDULERINGS STATUS
S0

EIENDOMSNAAM EN DOSEERVORM
Alpha Pharm Immune Gummies, Bears.

SAMESTELLLING

Elke gummie bevat:		* % NRV's
Askorbiensuur	10 mg	10
Sambucus nigra (Elderberry Ekstrak 10:1) Voorsien gedroogde kruie-ekwivalent aan 50 mg	5 mg	**
Vitamien E	5 mg	33
Vitamien A	2.5 mg	47
Sink (as sitraat)	1.5 mg	15
Vitamien D	1 mg	17

*NRV (Nutrient Verwysings Waarde) vir individue 4 jaar en ouer (2010)
** NRV = Nog nie vasgestel

Bestaandele: Glukose, Suiker, Water, Pektien; Sitroensuur (E330) Natuurlike Geurmiddel, Natuurlike Kleurstof.

FARMAKOLOGIESE KLASSIFIKASIE
Komplementêre Medisyne
Kategorie D
Dissipline: Kombinasie Produk
D.33.7
Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir gehalte, veiligheid of beoogde gebruik nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

FARMAKOLOGIESE AKSIE EN INDIKASIE
'n Immuunformelering wat die immuun funskie handhaaf en ondersteun en dit speel ook 'n faktor in die handhawing van goeie gesondheid.

KONTRA-INDIKASIE
Bekende hipersensitiwiteit teenoor enige van die bestandele.

WAARSKUWING EN SPESIALE VOORSORGMAATREËLS
HOU BUITE BEREIK VAN KINDERS
In geval van oordosering kontak 'n dokter of soek onmiddellik mediese advies. Die veilige dosis van Vitamiene C kan oorskry word indien 'n kombinasie van Vitamiene C aanvullers of medisyne geneem word.

INTERAKSIES
Geen bekend by voorgestelde dosis nie.

SWANGERSKAP EN LAKTASIE
Nie van toepassing nie, aangesien die produk vir kinders bedoel is.
Veiligheid in swangerskap is nie vasgestel nie.

DOSIS EN GEBRUIKSAANWYSINGS
Kinders 4 jaar en ouer: Kou 1 - 2 gummies daagliks na 'n ete of soos voorgeskryf deur 'n Gesondheids- praktisyn. Maksimum van 4 gummies per dag.
Moenie die voorgestelde daaglikse dosis oorskry nie.

NEWE EFFEKTE EN SPESIALE VOORSORGMAATREËLS
Komponente van hierdie bestanddele kan geassosieer word met gastro-intestinale effekte soos sooibrand, anoreksie, abdominale pyn en krampe, diarree, braking, naarheid en hardlywigheid. Allergiese reaksies is aangemeld met vitamien gebruik en sluit in uitslag en jeuk.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN
Behandeling is ondersteunend en simptomaties. Indien per ongeluk oordoseer, staak die gebruik en raadpleeg 'n dokter of apteker of kry mediese advies.

IDENTIFIKASIE
Aarbei / Framboos geur, pers/pienk gummie in die vorm van 'n beer.

AANBIEDING
Bevat 30 of 60 gummie bere in 'n houer en boksie.

BERGINGSAANWYSINGS
Bewaar op 'n koel, droë plek benede 25 °C. Beskerm teen lig.
HOU BUITE BEREIK VAN KINDERS.

VERSPREI DEUR
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Vervaardig in Suid-Afrika

DATUM VAN PUBLIKASIE VAN HIERDIE VOUBILJET
Augustus 2023.

PATIENT INFORMATION LEAFLET

Alpha KiddyVite

SCHEDULING STATUS
S0

PROPRIETARY NAME (AND DOSAGE FORM)
Alpha Pharm Immune Gummies, Bears.

COMPOSITION

Each gummy contains:		* % NRV's
Ascorbic Acid	10 mg	10
Sambucus nigra (Elderberry Extract 10:1) Providing dried herb equivalent to 50 mg	5 mg	**
Vitamin E	5 mg	33
Vitamin A	2.5 mg	47
Zinc (as citrate)	1.5 mg	15
Vitamin D	1 mg	17

*NRV (Nutrient Reference Values) for individuals 4 years and older (2010)
** NRV = not established

Ingredients: Glucose, Sugar, Water, Pectin; Citric Acid (E330) Natural Flavourant, Natural Colourant.

GENERAL INFORMATION
If you have any questions about this product, please talk with your Doctor or Pharmacist.
It is to be used only by the patient for whom it is prescribed. Do not share it with other people.
If your symptoms do not improve or if they become worse, check with your Doctor. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about the product. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this product. This information is not specific medical advice and does not replace information you receive from your Doctor or Pharmacist. You must talk with your Doctor or Pharmacist for complete information about the risks and benefits of using the product.
INDICATIONS AND USE
Immune formulation that supports and maintain the immune function and it also plays a factor in the maintenance of good health.
INSTRUCTIONS BEFORE TAKING THE MEDICINE
Always tell your Doctor or Pharmacist if you are taking any other medication. If you are pregnant or breast feeding your baby please consult your doctor, pharmacist for advice before taking this medicine.
Some medical conditions may interact with the product. Tell your Doctor or Pharmacist if you have any medical conditions, especially if any of the following apply to you:
- if you are pregnant, planning to become pregnant, or are breast-feeding
- if you are taking any other prescription or nonprescription medicine, herbal preparation, or dietary supplement
- if you have allergies to medicines, foods, or other substances
- if you have anaemia, liver problems, or metabolism problems

CONTRAINDICATIONS
Do not use this product if you are allergic to any of the ingredients.
Contact your doctor, pharmacist or healthcare professional right away if this applies to you.
WARNINGS AND SPECIAL PRECAUTIONS
KEEP OUT OF REACH OF CHILDREN.
In case of accidental overdosage, consult a medical practitioner or seek medical advice immediately. The safe dosage may accidentally be exceeded if this product is combined with other medicines or health products also containing Vitamin C.
INTERACTIONS
None known at recommended daily dosage.
PREGNANCY AND LACTATION
Not applicable since product is intended for children.
Safety in pregnancy has not been established.
INSTRUCTIONS ON HOW TO TAKE THE MEDICINE
Do not share medicines prescribed for you with any other person. In the event of over dosage, consult your Doctor or Pharmacist. If neither is available, contact the nearest hospital or poison control centre.
DOSAGE AND DIRECTIONS FOR USE
Children 4 years and older: Chew 1 - 2 gummies daily after a meal or as directed by a Healthcare Professional. Maximum 4 gummies per day.
Do not exceed the recommended daily dose. Use as directed by your doctor, pharmacist or health care professional. Check the label on the medicine for exact dosing instructions. Take by mouth after food and chew thoroughly. If you miss a dose for 1 or more days, there is no cause for concern. If your Doctor or Pharmacist recommends that you take it, try to remember your dose every day. Ask your Doctor or Pharmacist any questions you may have about how to use the product.
SIDE EFFECTS
Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen while taking this medicine, please consult your Doctor or Pharmacist for advice.
All medicines may cause side effects, but many people have no, or minor, side effects. No COMMON side effects have been reported with this product. Seek medical attention right away if any of these SEVERE side effects occur:
-Severe allergic reactions (rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue). Components within these ingredients may be associated with gastro-intestinal effects like heartburn, anorexia, abdominal pain and cramps, diarrhea, vomiting, nausea and constipation. Allergic reactions have been reported with vitamin use in general, which includes rash and pruritus.
KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT
Treatment is supportive and symptomatic. In case of overdosage, consult a medical practitioner or seek medical advice immediately.
STORAGE AND DISPOSAL
Keep in a dry, cool place below 25 °C. Protect from light. Keep the container tightly closed.
STORE ALL MEDICINE OUT OF REACH OF CHILDREN.
Check with your Pharmacist about how to dispose safely of unused medicine.

PRESENTATION
Contains 30 or 60 gummy bears in a container and carton.

IDENTIFICATIONS
Strawberry / Raspberry flavoured, purple/pink gummy in the shape of a bear.

DISTRIBUTED BY
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Manufactured in South Africa

DATE OF PUBLICATION OF THIS PACKAGE INSERT
August 2023.

DISCIPLINE
CATEGORY D
Discipline: Combination Product.
D.33.7
This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

PASIENT INFORMASIE BROSJURE

Alpha KiddyVite

SKEDULERINGS STATUS
S0

EIENDOMSNAAM EN DOSEERVORM
Alpha Pharm Immune Gummies, Bears.

SAMESTELLLING

Elke gummie bevat:		* % NRV's
Askorbiensuur	10 mg	10
Sambucus nigra (Elderberry Ekstrak 10:1) Voorsien gedroogde kruie-ekwivalent aan 50 mg	5 mg	**
Vitamien E	5 mg	33
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*NRV (Nutrient Verwysings Waarde) vir individue 4 jaar en ouer (2010)
** NRV = Nog nie vasgestelt
Bestaandele: Glukose, Suiker, Water, Pektien; Sitroensuur (E330) Natuurlike Geurmiddel, Natuurlike Kleurstof.

ALGEMENE INFORMASIE
As jy enige vrae oor hierdie produk het, praat met jou dokter, apteker of ander gesondheidsorg verskaffer. Dit moet slegs gebruik word deur die pasiënt vir wie dit voorgeskryf is en jy moenie dit met ander mense deel nie.
As jou simptome nie verbeter nie, of as hulle erger raak, gaan praat met jou dokter, apteker of ander gesondheidsorg verskaffer. Hierdie inligting onderskryf nie enige medisyne as veilig, doeltreffend of goedgekeur vir enige pasiënt of gesondheid toestand behandeling nie. Dit is net 'n kort opsomming van algemene inligting oor die produk en word nie onderskryf om te diagnoseer, behandel, genees of om enige siekte toetsand te verhoed nie. Dit sluit nie al die inligting in, oor die moontlike gebruike, aanwysings, waarskuwings, voorsorgmaatreëls, interaksies, newe-effekte, of risiko's wat van toepassing is op hierdie produk nie. Hierdie inligting is nie spesifieke mediese advies nie, en vervang nie inligting wat jy van jou dokter, apteker of gesondheidsorg diensverskaffer ontvang nie. Vra jou dokter, apteker of gesondheidsorg diensverskaffer vir volledige inligting oor die risiko's en voordele van die gebruik van die produk.
INDIKASIE EN GEBRUIK
'n Immuunformelering wat die immuun funskie handhaaf en ondersteun en dit speel ook 'n faktor in die handhawing van goeie gesondheid.
INSTRUKSIES VOOR DIE MEDISYNE GENEEM MOET WORD
Vertel altyd u gesondheids praktisyn indien u enige ander medikasie neem. Indien u swanger is of u baba borsvoed, konsulteer asseblief eers met u dokter, apteker of ander mediese gesondheids praktisyn voordat u die medikasie neem.
Sommige mediese toestande kan 'n interaksie met hierdie produk hê. Raadpleeg jou dokter of apteker indien u enige van die volgende mediese toestande op u van toepassing is:
- As jy swanger is, beplan om swanger te raak, of borsvoed.
- Indien u enige voorskrif of nie voorgeskrewe medisyne, kruie of ander annvullings neem.
- As jy allergieë tot medisyne, kos of enige ander stowwe het.
- As jy anemie, lewer probleme, of metabolisme probleme het.

KONTRA INDIKASIE
Bekende hipersensitiwiteit teenoor enige van die bestandele. Kontak u dokter of apteker indien dit van toepassing is op jou.
WAARSKUWING EN SPESIALE VOORSORGMAATREËLS
HOU BUITE BEREIK VAN KINDERS.
In geval van oordosering kontak 'n dokter of soek onmiddellik mediese advies. Die veilige dosis van Vitamiene C kan oorskry word indien 'n kombinasie van Vitamiene C aanvullers of medisyne geneem word.
INTERAKSIES
Geen bekend by voorgestelde daaglikse dosis nie.
SWANGERSKAP EN LAKTASIE
Nie van toepassing nie, aangesien die produk vir kinders bedoel is.
Veiligheid in swangerskap is nie vasgestel nie.
INSTRUKSIES OOR HOE OM DIE MEDIKASIE TE GEBRUIK
Moet nooit jou medisyne wat vir jou voorgeskryf is met n ander persoon deel nie.
In die geval van oordosering raadpleeg u dokter of apteker. Indien geen een beskikbaar is nie kontak die naaste hospitaal of gif behandeling sentrum.
DOSIS EN GEBRUIKSAANWYSINGS
Kinders 4 jaar en ouer: Kou 1 - 2 gummies daagliks na 'n ete of soos voorgeskryf deur 'n Gesondheids- praktisyn. Maksimum van 4 gummies per dag.
Moenie die aanbevole daaglikse dosis oorskry nie. Gebruik soos voorgeskryf deur u dokter, apteker of Gesondheidsverskaffer. Gaan die etiket op die medisyne na vir die presiese dosering instruksies. Moenie die daaglikse voorgelstelde dosis oorskry nie. Neem deur die mond na ete. As jy 'n dosis vir 1 of meer dae mis, is daar geen rede tot kommer nie, maar probeer onthou om jou dosis elke dag te neem soos voorgeskryf.
Vra jou dokter, apteker of Gesondheidsverskaffer enige vrae wat jy mag hê oor hoe om die produk te gebruik.
NEWE EFFEKTE
Nie alle newe effekte soos gerapporteer is in die voubiljet ingesluit nie. Indien u algemene gesondheid agteruitgang terwyl u die medikasie neem, raadpleeg asseblief u dokter, apteker of ander mediese gesondheids versorger.
Alle medisyne kan newe-effekte veroorsaak, maar baie mense het geen, of min, newe-effekte. Geen algemene newe-effekte is aangemeld, met gebruik van hierdie produk nie. Kry mediese hulp dadelik as enige van hierdie ernstige newe-effekte voorkom: Erge allergiese reaksies (veluitslag, korwe, jeuk, moeilike asemhaling; benoudheid in die bors; swelsel van die mond, gesig, lippe of tong). Komponente van hierdie bestanddele kan geassosieer word met gastro-intestinale effekte soos sooibrand, anoreksie, abdominale pyn en krampe, diarree, braking, naarheid en hardlywigheid. Allergiese reaksies is aangemeld met vitamien gebruik en sluit in uitslag en jeuk.
BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN
Behandeling is ondersteunend en simptomaties. Indien per ongeluk oordoseer, staak die gebruik en raadpleeg 'n geneesheer of kry mediese advies.
BERGINGSAANWYSINGS EN VERNIETIGING VAN MEDISYNE
Bewaar op 'n koel, droë plek benede 25 ˚C. Beskerm teen lig. Hou bottel styf toe.
STOOR ALLE MEDISYNE BUITE BEREIK VAN KINDERS.
Gaan praat met jou apteker oor hoe om ontslae te raak van ongebruikte medisyne.

AANBIEDING
Bevat 30 of 60 gummie bere in 'n houer en boksie.

IDENTIFIKASIE
Aarbei / Framboos geur, pers/pienk gummie in die vorm van 'n beer.

VERSPREI DEUR
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KATEGORIE D
Dissipline: Kombinasie Produk
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Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir gehalte, veiligheid of beoogde gebruik nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of te voorkom nie.