ALPHA PHARMACIES

DECEMBER DON'T- FORGET KIT GIVEAWAY | TERMS & CONDITIONS

Promoter and eligibility

1. The competition is promoted by Alpha Pharm (Pty) Ltd (Registration No. 1972/000895/07), trading as Alpha Pharmacies, of 115 Fascia Street, Silvertondale, Pretoria, 0184 ("the Promoter").
2. The competition is open to South African residents aged 18 years and older who hold a valid South African ID document or passport.

Competition period

1. The competition runs on Instagram only, from 17:00 on 9 November 2026 until 23:59 on 23 November 2026. Entries received after the closing time will not be considered.
2. Entry is free. No purchase is necessary. Entrants are responsible for their own data costs.

How to enter

1. To enter, participants must: (a) follow @alphapharmacies on Instagram; (b) comment on the competition post answering the question: "What's the ONE thing you never forget to pack for the December holidays?"; and (c) in the same comment, tag at least one other real person's Instagram account.
2. Entrants' Instagram accounts must be public from the time of entry until the winner is confirmed, so that the entry can be verified.
3. Each person may enter once. Multiple comments by the same person count as one entry. Entries from fake, duplicate or business accounts, or comments that tag brand or fake accounts, will be disqualified.
4. Only entries that meet all the above requirements (points 5 – 7) will be considered valid. Tagged persons are not entered into the competition by being tagged.

Winner selection and announcement

1. One winner will be selected at random from all valid entries on 27 November 2026 using an independent online random comment selection tool.
2. The winner will be announced by Instagram handle on 27 November 2026 via a post or story on the official @alphapharmacies Instagram account.

Contacting the winner

1. The winner will be contacted by direct message from the official @alphapharmacies Instagram account only. The Promoter will never ask the winner for payment, banking details or account passwords.
2. To claim the prize, the winner must reply within 48 hours of the direct message and provide their full name, ID number (to confirm age and eligibility), contact number and delivery address in South Africa.
3. If the winner does not reply within 48 hours after two attempts to contact them, or is found to be ineligible, the Promoter will select a replacement winner using the same method, and the same rules will apply to the replacement winner.

Prize

1. The prize is one December Don't-Forget Kit hamper containing: White Glo Premium Waxed Flat Tape (Dental Floss), Techni Block SPF 50 Active Sun Protection Lotion, Techni Block SPF 50 Wet & Dry Sun Protection Spray, White Glo Coffee & Tea Stain Remover Extra Strength Whitening Toothpaste, White Glo SmileBright+ Toothbrush (3-in-1 Dental Care System), NutriCon Hydreatine (Creatine & Electrolyte Hydration Supplement) with an approximate total retail value of R800

2. The prize is not transferable, exchangeable or redeemable for cash. If an item becomes unavailable for reasons beyond the Promoter's control, the Promoter may replace it with an item of similar or greater value.
3. The prize will be delivered by courier, at the Promoter's cost, to the winner's address in South Africa within 7 business days of the winner providing their details. The winner will not be required to pay anything to receive the prize.

Who may not enter

1. Directors, members, partners, employees, agents and consultants of the Promoter, of its advertising and marketing agencies, and of any supplier of goods or services in connection with this competition (including suppliers of the hamper items), and their spouses, life partners and immediate family members, are not eligible to enter or win.

Publicity

1. The Promoter may ask the winner for permission to use their name, Instagram handle and/or photograph in marketing. The winner may decline, and declining will not affect their right to the prize.

Personal information

1. By entering, participants consent to the Promoter processing their personal information, in line with the Protection of Personal Information Act 4 of 2013, solely to administer the competition, verify eligibility, contact the winner and deliver the prize.
2. The winner's information will be shared only with the courier delivering the prize, will not be used for marketing without separate consent, and will be kept only as long as the law requires. Queries about personal information can be sent to speak-to-us@alphapharm.co.za

General

1. The Promoter may disqualify entries that are fraudulent, incomplete or do not comply with these Terms & Conditions.
2. The Promoter may amend, suspend or cancel the competition where circumstances beyond its reasonable control make this necessary. Any changes will be published on the @alphapharmacies Instagram account.
3. These Terms & Conditions are available free of charge at www.alphapharmacies.co.za and on request from speak-to-us@alphapharm.co.za.
4. This competition is in no way sponsored, endorsed, administered by, or associated with Instagram. By entering, participants release Instagram from any liability relating to the competition.
5. These Terms & Conditions are governed by the laws of the Republic of South Africa, including the Consumer Protection Act 68 of 2008.
6. By entering, participants confirm that they have read and agree to these Terms & Conditions.